Social Day Services Program was established in 1996 with the sole purpose and passion of providing a superior adult day program for persons with developmental and intellectual disabilities that encourages each participant to develop their highest level of competence and achievement.

Our team of experienced administrators/direct care staff has been achieving great things with developmentally disabled adults with more than 25 years of hands on care & experience. We love what we do with and for our participants! Social Day Services strives to make sure our participants are receiving the best services and care possible. We have always been strong advocates for our participants to ensure quality care.

We know from experience that developmentally disabled adults strongly benefit from a structured day program. This structure permits participants to practice skills learned outside the program by applying them during community integration practices. As a result of program activities and training, it is expected that our participants will increase their independence, develop better self-images, be more capable of independent decision making, and improve their access to the community-at-large.

## CONTACT US

SOCIAL DAY SERVICES PROGRAM

211 Joaquin Ave. San Leandro, CA 94577

Monday-Friday 10am-4pm



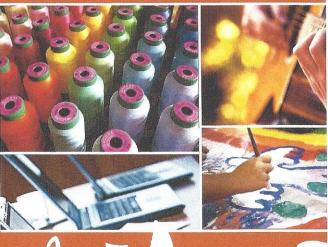
Telephone 510.483.8000
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Established in 1996

## SOCIAL DAY SERVICES PROGRAM

Building Confidence. Supporting Choices.





### OUR VISION

It is our vision to provide a lifetime of opportunities for people in our community with developmental disabilities to live full, meaningful, and productive lives.

Our participants are given resources to learn, grow, live, and thrive in our community which fully includes and embraces them as valued and contributing members of the community.

Social Day Services provides quality services, ethical practices, diversity, respect, integrity, and self-determination to all participants in our care.

# WHAT IS SDS PROGRAM?

Social Day Services is a pre-vocational day program for individuals with developmental /intellectual disabilities. SDS is an integrated program that provides Adult Day Program (ADP) as well as Behavior Day Program services. SDS program is centrally located in downtown San Leandro in close proximity to shopping centers, recreational parks, San Leandro Public Library, BART, restaurants and a variety of other places that allow easy access via public transportation for community integration.



#### WHO WE SERVE

Developmentally Disabled Adults ages 18+
Regional Center of the East Bay participants

**Autism Spectrum Disorders** 

**Down Syndrome** 

Speech/Language impairments

Seizure Disorders

**Learning Disabilities** 

**Orthopedic Impairments** 

**Diabetics** 

Deaf/Blind

## SERVICES OFFERED INCLUDE BUT ARE NOT LIMITED TO:

**Behavior Management Services** 

Social/Recreational Development

**Pre-Vocational Skill Training** 

**Community Integration** 

**Sensory Services** 

Social Day Services Program is a strong advocate of Participant Rights & Choices.

Participants actively participate in scheduling activities & community outings.

All activities reflect the interests and feedback of Participants.

### WHAT WE OFFER

- · CREATIVE ARTS
- · COMMUNITY INTEGRATION
- · FUNCTIONAL ACADEMICS
- COMMUNICATION SKILLS
- · PHYSICAL FITNESS
- BEHAVIOR MANAGEMENT
- · RECREATIONAL ACTIVITIES
- · SENSORY ROOM
- · SEWING CLASSES
- · PRE-VOCATIONAL SKILLS
- · COMPUTER SKILLS
- · DAILY LIVING SKILLS
- · HEALTH & WELLNESS CLASSES
- · MUSICAL ENTERTAINMENT
- · HOLIDAY PARTIES\*
- · BIRTHDAY PARTIES\*
- · CULTURAL CELEBRATIONS\*
- · PET THERAPY VISITS
- · MEDIA ROOM
- · SPORTS

